



**CV.**  
**Saynaz Maveddat Ph.D**  
**Child & Adolescence Psychologist**



1- Personal Details		
First Name: Saynaz Last Name: Maveddat	Date Time: 01 / 08 / 1981	National Code: 0069745730
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2- Educational records:							
Grade:	Field of Study:	Academic orientation:	Study period		Educational unit name:	Country / city of study place:	Average:
			Since	To			
Associate Degree	=====	=====			=====	=====	=====
BS.	Psychology	Exceptional Children	2003	2006	Islamic Azad university	Central Tehran	17.59
MA.	Psychology	Exceptional Children	2007	2010	Islamic Azad university	Central Tehran	18.16
Ph.D.	Psychology	Exceptional Children	2014	2019	Islamic Azad university	Central Tehran	18.41

<b>3- Professional background:</b>						
Name of organization / company	Organizational position	Type of Activity	Duration of cooperation			Part-time / full time / counseling
			Total to month	Since year	Until year	
Municipality of Tehran - District 20	Municipal Health Administration, Social Services, Regional Director	Contractual	72 month	2006	2012	Full-time
Therapist of specialized psychology clinics	Child and adolescent psychologist	Contractual	12 month	2007	continues	Part-time
Islamshahr Islamic Azad University	Master of Psychology	Wage	Still active	2014	2016	Part-time
Ministry of Health - C.M.H.C	Responsible for the screening and treatment of children and adolescents	Contractual	Still active	2013	continues	Full-time morning
Educational and Research Institute of Manshour Mehr	Chairman of the Board	Shareholder	Still active	2006	continues	Part-time
Welfare Organization	Managing Director and Officer of the Specialized Children's Advisory and Specialist Services Psychology Services Center	Shareholder	Still active	2015	continues	Part-time
An official expert on live radio and television programs	Expert and program specialist	Contractual	Still active	2013	continues	Part-time

<b>4- Foreign Language and Computer Training Courses:</b>				
Course name	Level	Training place	Year	Hours of Course
English language	Very good	Intuitive	Still active	=====
Knowledge of the majority of graphic software	Medium	Intuitive	Still active	=====
Knowledge of the majority of statistics software	Professional	Academic Courses and Related Workshops	Still active	=====
Hardware game	Professional	Intuitive	Still active	=====
Game design software	Professional	Intuitive	Still active	=====

**5- Specialized training courses related fields of study:**

Course name	Level	Training place	Year	Hours of Course
Creative storytelling	Advanced	Private workshop	2005	30 hours
Storytelling and treatment	Advanced	Private workshop	2005	40 hours
Writing Stories and Treatments	Advanced	Private workshop	2006	46 hours
Play therapy with cognitive-behavioral	Advanced	Private workshop	2006 - 2012	268 hours
Music therapy	Advanced	Private workshop	2006 - 2012	268 hours
The therapeutic theater	Advanced	Workshops of Iranian Artists House	2009	100 hours
Art Therapy	Advanced	Private workshop	2006 - 2012	120 hours

And many workshops related to architecture, graphics and communications

**6- Psychology courses and non-pharmacological training courses:**

Course name	Level	Training place	Year	Hours of Course
Basic Course of General Neurological Rehab	Advanced	CPAS	2012	16 hours
Identification and intervention in sexual dysfunctions	Advanced	CPAS	2012	16 hours
Cognitive therapy for children	Advanced	Iranian Psychological Society	2016	8 hours
Application of Music in Physical and Mentalhelth	Advanced	Iran University of Medical Sciences	2004	64 hours
Detection, identification and treatment of learning disorders	Advanced	Exceptional Children's Restoration Institute	2015	12 hours
Psycho-motor disorders and effective therapies	Advanced	Exceptional Children's Restoration Institute	2015	12 hours
Play therapy and interventions	Advanced	Specialist workshops Mahnaz Estaki Ph.D. Psychologist	2013	36 hours

Music therapy and intervention methods	Advanced	Private professors of Tehran Central Azad University	2013	120 hours
Play therapy and intervention methods	Advanced	Private professors of Tehran Central Azad University (several courses)	2013	120 hours
Play therapy C.B.T	Advanced	Islamic Azad University - Central Tehran	2014	250 hours
Play therapy and intervention techniques for the autism spectrum	Advanced	Islamic Azad University - Central Tehran	2015	8 hours
Diagnosis and Classification of the Autism Spectrum	Advanced	Islamic Azad University - Central Tehran	2016	48 hours
Autism spectrum classification interventions	Advanced	Islamic Azad University - Central Tehran	2016	12 hours
Specialized courses on how to work with the blind	Advanced	Islamic Azad University - Central Tehran	2015	6 hours
Specialized courses for working with deaf people	Advanced	Islamic Azad University - Central Tehran	2015	6 hours
Comprehensive course of general education and psychotherapy of addiction	Advanced	Institute affiliated to addiction and psychological knowledge	2011	6 hours
Basic Course of General Neurological Rehab	Advanced	Institute affiliated to addiction and psychological knowledge	2011	48 hours
Identify and intervene in sexual dysfunction related to addiction	Advanced	Institute affiliated to addiction and psychological knowledge	2012	16 hours
First Exceptional Children's Education Conference	Advanced	Organization Psychology Country	2008	16 hours
Workshop on Exceptional Children Interventions	Advanced	Organization Psychology Country	2008	32 hours
Music Therapy Workshop	Advanced	University of Tehran - Faculty of Psychology	2016	16 hours
Workshop on children's cognitive therapy	Advanced	Iranian Psychological Society	2016	16 hours
Detection, identification and treatment of learning disorders	Advanced	Iranian Psychological Society	2015	12 hours

#### **7- Group or social abilities:**

- **Organizing international conferences within the country**
- **The organizer of various exhibitions in the field of psychology - general and academic**
- **Organizing specialized and educational workshops in general (parents and children)**
- **The organization of specialized and educational workshops at the level of students and graduates**
- **Organizing workshops, retraining of staff**
- **Crisis management team in difficult circumstances**
- **Coordinating management of various scientific and artistic teams**
- **Conducting national competitions and leadership in multidisciplinary training programs**
- **Conducting practical children's workshops in more than 50 people**
- **Conducting practical conferences on various areas of disorders, especially autism**
- **Specialized workshops, more than 100 participants**
- **Perform live radio programs**
- **Ability to perform live TV shows**
- **Implementation of special educational programs for retarded children.**

## 8- Scientific-research records: only in the field of psychology

<b>Research topics:</b>	<b>Time to do research:</b>	<b>Your employer:</b>
<b>A large-scale multidisciplinary scouting project based on the artistic method and games related to brain behavior analysis</b>	<b>Twelve years with a research team of 9 people with different specializations for interdisciplinary communication</b>	Personal interest by providing personal credit
<b>Game Analysis and Play Therapy</b>	<b>2 years together with a 3-person team</b>	Personal interest by providing personal credit
<b>Game analysis and classification of interventions based on learning level (IQ)</b>	<b>2 years together with a 3-person team</b>	Personal interest by providing personal credit
<b>The role of time (through the broadcast of Azan islamic voice) for the upbringing of the fetus</b>	<b>About 1 solar year</b>	Personal interest by providing personal credit
<b>The role of rhythm and rhythm (beat) in teaching children with learning disabilities</b>	<b>About 2 solar year</b>	Personal interest by providing personal credit
<b>The role of rhythm and rhythm (beat) in teaching children with low intelligence (IQ of 70-90)</b>	<b>About 3 solar year</b>	Personal interest by providing personal credit
<b>The rhythm and sound of rhythm learning of children with temporary learning disorders.</b>	<b>About 1 solar year</b>	Personal interest by providing personal credit
<b>Children learn the rhythm and sound of the rhythms in permanent learning disabilities.</b>	<b>About 1 solar year</b>	Personal interest by providing personal credit
<b>Investigating the Rhythm and Voice of Multipliers in Children's Learning of the Autism Spectrum.</b>	<b>About 1 solar year</b>	Personal interest by providing personal credit
<b>The role of color and tone in the learning process of children with temporary learning disorders.</b>	<b>About 1 solar year</b>	Personal interest by providing personal credit
<b>The role of colors and tonality in the process of learning children with permanent learning disabilities.</b>	<b>About 1 solar year</b>	Personal interest by providing personal credit

## 9- Scientific achievements \_ Research: Only in the field of psychology

Research topics:	Time to do research:	Game Count:	Employer:
<b>Games related to the design and production talent a few tips to classify the relevant age groups</b>	12 years together with a research team of 9 people with different specializations (along with other researches)	<b>25 types of games, from a variety of Board games</b>	Clinic of "Manshour Mehr"
<b>Design and production of games for math disorders by recycled and publicly available waste. (PET bottles)</b>	About 1 year of age due to validation of the test. (Concurrent with other researches)	<b>18 types of games, from a variety of Board games</b>	Clinic of "Manshour Mehr"
<b>Design and production of games for the elimination of spelling disorders by recycled and publicly available waste. (PET bottles)</b>	About 1 year of age due to validation of the test. (Concurrent with other researches)	<b>9 types of games, from a variety of Board games</b>	Clinic of "Manshour Mehr"
<b>Design and production of games to solve spatial visual impairment using recycled and public waste. (PET bottle lid)</b>	About 1 year of age due to validation of the test. (Concurrent with other researches)	<b>7 types of games, from a variety of Board games</b>	Clinic of "Manshour Mehr"
<b>Design and production of games for the elimination of hearing impairments by recycling and publicly available waste. (PET bottles and soft copper wire)</b>	About 1 year of age due to validation of the test. (Concurrent with other researches)	<b>5 types of games, from a variety of Board games</b>	Clinic of "Manshour Mehr"
<b>Design and production of games for the elimination of hearing impairments by metal, stone and glass materials available to the general public.</b>	About 1 year of age due to validation of the test. (Concurrent with other researches)	<b>2 types of games, from a variety of Board games</b>	Clinic of "Manshour Mehr"
<b>Design and production of games for the elimination of disorders of the brain's two hemispheres by cheap materials available to the general public.</b>	About 1 year of age due to validation of the test. (Concurrent with other researches)	<b>20 types of games, from a variety of Board games</b>	Clinic of "Manshour Mehr"
<b>Design and production of games for the treatment of procedural disorders, through metal materials, rock and glass, and available to the general public.</b>	About 1 year of age due to validation of the test. (Concurrent with other researches)	<b>12 types of games, from a variety of Board games</b>	Clinic of "Manshour Mehr"
<b>Designing and producing games to eliminate disruption of focus, using materials: metal, stone, plastic and glass, which is available to the public.</b>	About 1 year of age due to validation of the test. (Concurrent with other researches)	<b>9 types of games, from a variety of Board games</b>	Clinic of "Manshour Mehr"
<b>Designing and producing games to correct "behavioral disorders" with recycled materials. Publicly available.</b>	About 1 year of age due to validation of the test. (Concurrent with other researches)	<b>14 types of games, from a variety of Board games</b>	Clinic of "Manshour Mehr"
<b>Design and production of "anxiety disorders" games by recycled and accessible materials.</b>	About 1 year of age due to validation of the test. (Concurrent with other researches)	<b>15 types of games, from a variety of Board games</b>	Clinic of "Manshour Mehr"



**10- Achievements in the field of publishing:**

<b>The names of the books and articles published</b>	<b>conference presentation</b>	<b>Release time</b>	<b>The name of the author or authors</b>	<b>Place of printing or presentation</b>
<b>91th-volume book series "Stage Therapy"</b>	Did not have	In the hands of editors and layout	<b>Ahmad Akhavan Attar, Saynaz Maveddat</b>	<b>By ordering the NGO "Mental Health of Iran"</b>
<b>5-volume book series "New Play Therapy"</b>	Did not have	In the hands of editing and designing and photographing the interior pages	<b>Ahmad Akhavan Attar, Saynaz Maveddat</b>	<b>By ordering the NGO "Mental Health of Iran"</b>
<b>3-volume book collection "Simplified Psychology"</b>	Did not have	In the hands of the editor	<b>Ahmad Akhavan Attar, Saynaz Maveddat</b>	<b>By ordering the NGO "Mental Health of Iran"</b>
<b>The book "Application of Music and Motion on the Perception of Space and Time"</b>	Islamic Azad University, Central Tehran Branch	Ready to print	<b>Author: Saynaz Maveddat Editor: Ahmad Akhavan Attar</b>	<b>By ordering the NGO "Mental Health of Iran"</b>
<b>Cinematic movie "Route" (Masir)</b>	Broadcast from Iranian TV documentary network	2016	<b>Director: M.R.Niyazi plan adviser: Saynaz Maveddat, Ahmad akhavan Attar</b>	<b>Ordered by Sima Documentary Network</b>

**At the same time, several volumes "book of stories" written.**

## 11- Honorary titles:

Organizations and governments	Honors at:	Year:	Responsible for holding:
Received "honorable mention" of Hamedan Municipality	Instructive Holding Parenting Workshop: For Cultural Delegates	2013	Deputy of Culture and Art of Hamedan Municipality
Received "honorable mention" of Hamedan Municipality	Drug Addiction Prevention Workshop - Special Assistant to the Cultural Foundation	2014	Deputy of Culture and Art of Hamedan Municipality
Received "honorable mention" of Rasht Municipality	Instructive Holding Parenting Workshop: For Cultural Delegates	2013	Deputy of Culture and Art of Rasht Municipality
Appreciation of the honorary director of the Ministry of Labor and Social Welfare of Hamedan Province	Instructive Holding Parenting Workshop: For Cultural Delegates	2015	General Directorate of Labor, Social Co-operation and Social Welfare of Hamadan Province
Acknowledgments received from the mayor of District 20 of Tehran	Following the holding of a special parenting workshop for residents of the 20th district of Tehran	2013	Department of Cultural and Social Affairs of the 20th District Municipality of Tehran

**In the list above, only important things written for me.**

### Workshops of "Saynaz Maveddat" in the field of Psychology:

Row	Workshop description	The training any period of time	Number of people	Number of courses	Organization or Collection
1	Workshop on the development of children and adolescents	24 hours	30 people	4	Tehran university of medical science
2	Personality Disorders Workshop	16 hours	60 people	2	Tehran university of medical science
3	Workshop on sensory and motor integration	16 hours	50 people	6	"Miad" Consulting Center
4	Workshop on sensory and motor integration	16 hours	70 people	2	Expert Advice Center "Manshour Salamat Mehr"
5	Diagnostic and interventional workshop for ADHD children	16 hours	30 people	5	"Miad" Consulting Center
6	Diagnostic and interventional workshop for ADHD children	16 hours	30 people	5	Expert Advice Center "Manshour Salamat Mehr"
7	Workshop on sensory and motor integration	16 hours	30 people	2	Popular organization "Mental Health of Iran"
8	Diagnostic and interventional workshop for ADHD children	16 hours	30 people	2	Popular organization "Mental Health of Iran"
9	Workshop identification and intervention for children with learning disorders	16 hours	30 people	5	Popular organization "Mental Health of Iran"
10	Workshop identification and intervention for children with learning disorders	16 hours	30 people	5	Expert Advice Center "Manshour Salamat Mehr"
11	Workshop identification and intervention for children with learning disorders	16 hours	30 people	5	"Miad" Consulting Center
12	Workshop identification and intervention for children with learning disorders	16 hours	30 people	5	Tehran university of medical science
13	How to know and use body language in the work environment	16 hours	70 people	5	Iran Blood Transfusion Organization - Human Resources Management
14	How to know and use body language in the work environment	16 hours	60 people	2	Central municipality of Hamedan
15	How to know and use body language in the work environment	16 hours	85 people	3	Central municipality of Rasht
16	Workshop on the upbringing of children in the Iranian family	8 hours	35 people	4	Central municipality of Hamedan
17	Workshop on the upbringing of children in the Iranian family	8 hours	25 people	6	Central municipality of Rasht
18	Childrens Coach Career Training Workshop	12 hours	45 people	2	Institute for the Intellectual Development of Children and Young Adults Country
19	Training workshop for talent identification (for trainers)	12 hours	45 people	2	Institute for the Intellectual Development of Children and Young Adults Country

20	Training workshop for talent identification (for managers)	12 hours	45 people	2	Institute for the Intellectual Development of Children and Young Adults Country
21	Workshop on "therapeutic games" by "cognitive-behavioral" (introductory) method.	24 hours	10 people	20	Students of Psychology
22	Workshop on "Play Therapy" by "cognitive-behavioral" (introductory) method.	24 hours	20 people	12	Graduates of Master of Psychology
23	Workshop " Play Therapy" (advanced)	24 hours	10 people	20	Students of Psychology
24	Workshop " Play Therapy" (advanced)	24 hours	20 people	12	Graduates of Master of Psychology
25	Workshop "Art Therapy" and training " Play Therapist" (specially for Psychology graduates)	24 hours	20 people	8	Graduates of Master of Psychology
26	Training workshops for therapists and designers of serious therapeutic games (Play Therapy)	24 hours	20 people	10	Graduates of Master of Psychology
27	Workshop on Combined Interventions "Play Therapy" and "Music Therapy"	24 hours	15 people	4	Graduates of Master of Psychology
28	Workshop on " Play Therapy" to fix anxiety	4 hours	10 people	35	Graduates of Master of Psychology
29	Workshop "play therapy" to know "phobias" and fear rooted	4 hours	10 people	35	Graduates of Master of Psychology
30	Workshop on "therapeutic games" and interventions of depression	4 hours	10 people	35	Graduates of Master of Psychology
31	The "Play Therapy" specialized workshop on "motivation" and ways to cultivate the mind	4 hours	10 people	35	Graduates of Master of Psychology
32	Workshop "Play Therapy" Rogue Teenage Education	4 hours	10 people	35	Graduates of Master of Psychology
33	A "Play Therapy" specialty workshop to strengthen "dare" and strengthen self-esteem	4 hours	10 people	35	Graduates of Master of Psychology
34	Game analysis workshop for therapists	12 hours	8 people	48	Graduates of Master of Psychology
35	Game analysis workshop for therapists	10 hours	8 people	9	Graduates of the Ph.D. in Psychology
36	Workshop on Spatial Memory Improvement for Therapists, in line with the C.B.T. Therapeutic Approach.	14 hours	8 people	11	Graduates of Master of Psychology
37	Workshop on Spatial Memory Improvement for Therapists, in line with the C.B.T. Therapeutic Approach.	10 hours	8 people	9	Graduates of the Ph.D. in Psychology
38	Workshop P.M.T. Parenting Parents 2 to 12 Years	16 hours	8 people	10	Parental Registration
39	Workshop P.M.T. Parenting	16 hours	40 people	4	Graduates of Master of

	<b>Parents 2 to 12 Years</b>				<b>Psychology</b>
<b>40</b>	<b>Diagnostic Workshop and Interventions for Children with Attention Deficit and Concentration</b>	<b>16 hours</b>	<b>25 people</b>	<b>5</b>	<b>Popular organization "Mental Health of Iran"</b>
<b>41</b>	<b>Diagnostic Workshop and Interventions for Children with Attention Deficit and Concentration</b>	<b>16 hours</b>	<b>25 people</b>	<b>4</b>	<b>"Miad" specialized training center</b>
<b>42</b>	<b>Style Workshop and Maria Monte Surry Method</b>	<b>16 hours</b>	<b>25 people</b>	<b>7</b>	<b>"Miad" specialized training center</b>
<b>43</b>	<b>Style Workshop and Maria Monte Surry Method</b>	<b>16 hours</b>	<b>25 people</b>	<b>6</b>	<b>Popular organization "Mental Health of Iran"</b>
<b>44</b>	<b>Style Workshop and Vygotsky Method</b>	<b>16 hours</b>	<b>25 people</b>	<b>2</b>	<b>"Miad" specialized training center</b>
<b>45</b>	<b>Style Workshop and Vygotsky Method</b>	<b>16 hours</b>	<b>25 people</b>	<b>5</b>	<b>Popular organization "Mental Health of Iran"</b>
<b>46</b>	<b>Child-Centered Play Therapy Workshop "introductory"</b>	<b>24 hours</b>	<b>20 people</b>	<b>10</b>	<b>"Miad" specialized training center</b>
<b>47</b>	<b>Child-Centered Play Therapy Workshop "Advanced"</b>	<b>24 hours</b>	<b>20 people</b>	<b>8</b>	<b>Graduates of Master of Psychology</b>
<b>48</b>	<b>Educational therapist workshop and therapist in the field of learning disorders (especially in public learning disorder centers) Governmental</b>	<b>12 hours</b>	<b>95 people</b>	<b>2</b>	<b>Department of Education exceptional country</b>
<b>49</b>	<b>Educational therapist workshop and therapist in the field of learning disorders (especially in private learning disorder centers) Private</b>	<b>12 hours</b>	<b>125 people</b>	<b>2</b>	<b>Department of Education exceptional country</b>
<b>50</b>	<b>Educational therapist training and treatment therapist in the field of learning disorders (especially for the managers of the state-run learning disorder centers)</b>	<b>12 hours</b>	<b>110 people</b>	<b>2</b>	<b>Department of Education exceptional country</b>

And many other workshops in the field of psychology.

## **12- Interests:**

- **Art Therapy**

Using the knowledge of visual arts as well as recognizing the educational methods of different age groups, we were able to create new ways to work with the person and to provide parents with the necessary training.

- **Music therapy**

Based on the law of music, as well as classical music, as well as the recognition of instruments and music lectures, I decided to work with the psychological team.

I've also been making new and fresh treatments with the help of classical music teachers to create new ways to adjust rhythm, metrics and coordination of the minds of patients.

- **Theater therapy and therapeutic motion**

Due to the wide range of motor activity and performance, as well as the use of spokesperson creativity and the performance of most visitors in Iran, we were able to provide a new stage of theater and speech therapy by increasing the ability to store information in the short term.

In this way we strengthen our long-term memory.

Considering patients with disabilities or impaired, to focus on the project.

Hence, the treatment led to profound changes and also facilitate recovery.

- **Play Therapy**

Considering the wide scope of this area of psychological activities and the existence of wide-ranging infrastructures around the world, we have succeeded in harmonizing and standardizing Iranian culture with games that can be purchased for the average socioeconomic level in the community. Create a new way to speed up the treatment path.

- **Combined art therapy**

Sometimes multidisciplinary people and some patients tend to combine treatment: music and theater therapy - music and art therapy - music and therapeutic games - music and painting therapy - painting and theater therapy - painting and therapeutic games - flowers Treatment and painting - Flower therapy and music - Flower therapy and rhythm with water treatment and some other combination methods.

I do this in Iran.

### **13- Professional background:**

#### **❖ Administrative and organizational responsibilities:**

##### **1-13- Tehran municipality:**

- Department of Cultural and Social Affairs of the 20th District Municipality of Tehran, the Head of the District and the Chief of the Health Department at different service levels in the Tehran Municipality for 5 years .

##### **2-13- Press:**

- Editor-in-chief of the magazine "Kodak\_e Man" for 2 years.
- Author of various articles for newspapers: Etemad, Hamshahri, Jame Jam, as well as some other press releases.
- Psychological Consultant of the Children's Magazine "Islamic Propaganda Organization" - Research Deputy.
- Psychological Advisor of Teens Magazine "Islamic Propagation Organization" - Research Deputy.
- Psychological Advisor of Family Magazine "Islamic Propaganda Organization" - Research Deputy.

##### **3-13- Consultation and Bachelor:**

- Has 9 radio programs and 5 television programs with various themes in the field of children and family "Home and Family TV program"
- Radio Iran, Health Radio, Young Radio and Network of Two Iranian National TV Programs in the Family Program (live program).
- Advice and diagnosis of child and family problems and disorders and activities in 15 reputed clinics in the same field .

##### **4-13- Management records:**

- Managing Director of Educational and Research Institute "Manshour Mehr" .
- Cultural Management "Mental Health Organization of Iran"
- Director of the Board of Directors of the Iranian Mental Health Organization (Ministry of Interior)
- Head of the Board of Directors of the Graduation Graduate Training Center of Mehr (Ministry of Interior)
- The head of the board of directors of the child protection center in the family of Mehr (Ministry of Interior)
- Licensed and Director of the Specialized School of Art Education for Children of "Manshour Mehr" .
- The owner of the license and the director of the Specialized Children's Counseling and Psychology Services Center of the Seal (the Welfare Organization of the country)

#### **14- Interviews and Voice and TV programs:**

- Live Radio Programs for Children and Adolescents - 49 Programs .
- Programs recorded for "Radio Iran" - 3 programs .
- Live programs for Radio Health - 6 apps .
- Telephone counselor for Live Radio "Radio Iran" - 10 programs .
- Iranian television network - the "Khane o Khanevadeh" and "Asre Khanevadeh" – 6 programs .
- Iranian television news network - expert interviews - 24 programs .
- Iranian TV Documentary Programs - Interviews and Production - 9 Programs .
- Press: More than 100 interviews printed .

#### **Additional information:**

Regarding the scope of my activities, I know the level of my activities. In the past years, I have always been following my personal activities, I've also been seriously involved with the field of child psychology. For most of my life, I have managed various jobs at the same time.

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